



ARIA HOTELS

**KARDAMYLI**  
COLLECTION OF EXPERIENCES

# 01

## Sites of Interest

**Old Kardamyli:** Old Kardamyli, also known as Upper Kardamyli, is the historic part of the village that offers a glimpse into its past. As you wander through the narrow streets, you'll discover well-preserved stone houses, archways, and traditional buildings that showcase the village's architectural heritage. The charming atmosphere and quaint shops make it a delightful place to explore.

**Mourtzinos Tower:** Mourtzinos Tower is a striking landmark located in Kardamyli. This fortified tower was built in the 18th century and served as a residence for the Mourtzinos family, who were prominent figures in the area. The tower stands tall overlooking the village and offers panoramic views of the surrounding landscape. It is an excellent example of local architecture and provides a glimpse into the region's history.

**Diros Caves:** Located a short distance from Kardamyli, the Diros Caves are a natural wonder that should not be missed. These caves are renowned for their stunning stalactite and stalagmite formations, creating a captivating underground landscape. Visitors can explore the caves by boat, gliding through crystal-clear waters, and admiring the breathtaking formations that have been sculpted over thousands of years. It's an awe-inspiring experience that highlights the beauty of nature.

**Castle of Zarnata:** The Castle of Zarnata, also known as Zarnata Fortress, is a historical landmark located near Kardamyli. This medieval fortress dates back to the 13th century and offers a glimpse into the region's turbulent past. Perched atop a hill, the castle provides panoramic views of the surrounding countryside and the Messinian Gulf. Exploring the castle grounds allows visitors to appreciate the architectural remains and imagine the castle's strategic significance in ancient times.





# 02

## Towns & Villages

**Exochori:** Exochori is a traditional mountain village located northeast of Kardamyli. Nestled in the slopes of the Taygetos mountain range, Exochori offers stunning panoramic views of the surrounding countryside. With its stone houses, narrow alleys, and lush greenery, the village exudes a tranquil and authentic atmosphere. Visitors can explore the village's traditional architecture, hike in the nearby mountains, and enjoy the peaceful ambiance of rural Greece.

**Tseria:** Tseria is a charming village situated in the Mani Peninsula, south of Kardamyli. This small traditional settlement features stone houses, cobblestone streets, and a tranquil environment. Tseria is known for its scenic beauty, with olive groves, vineyards, and impressive views of the surrounding landscape. The village offers a glimpse into rural Greek life and is an ideal destination for those seeking a peaceful retreat.

**Saidona:** Saidona is a historic village located in the Mani Peninsula, close to Kardamyli. The village is known for its traditional stone houses, winding alleys, and the imposing Church of Agios Ioannis. Saidona offers a tranquil and picturesque setting, with views of olive groves and the Mediterranean Sea. Exploring the village allows visitors to appreciate the region's architectural heritage and experience the authentic atmosphere of rural Greece.



## 02 Towns & Villages

**Kastania:** Kastania is a mountain village situated in the Taygetos range, northeast of Kardamyli. This traditional settlement is known for its well-preserved stone houses and narrow streets. Kastania is particularly famous for its impressive Byzantine church, the Church of Agios Athanasios, which features beautiful frescoes. The village offers a peaceful escape, surrounded by nature and offering opportunities for hiking and exploration.

**Areopolis:** Areopolis is a historic town located southwest of Kardamyli, in the heart of the Mani Peninsula. This traditional settlement is characterized by its stone-built houses, narrow streets, and a central square lined with tavernas and cafes. Areopolis has a rich history and is home to notable landmarks such as the Tower of Mavromichalis and the Church of Panagia. The town serves as a gateway to the Mani region and provides a glimpse into its fascinating past.

**Limeni:** Limeni is a picturesque coastal village situated south of Areopolis, overlooking the Messinian Gulf. With its traditional stone tower houses and turquoise waters, Limeni offers a postcard-worthy setting. Visitors can enjoy a leisurely stroll along the waterfront promenade, dine at seaside tavernas, or simply relax and take in the serene atmosphere. Limeni is a perfect destination for those seeking a combination of natural beauty and historical charm.

# 03 Beaches

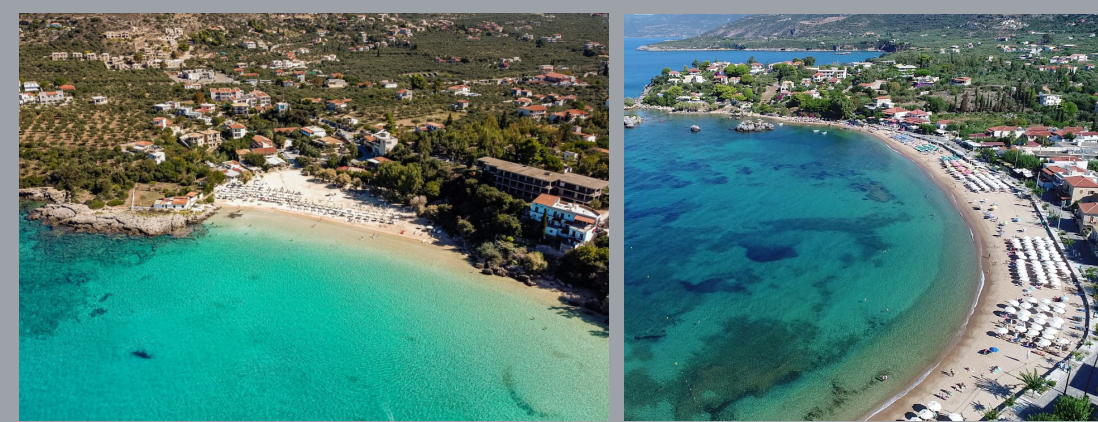
**Ritsa Beach:** Ritsa Beach is a beautiful pebble beach located in Kardamyli itself. It offers clear turquoise waters, making it an ideal spot for swimming and snorkeling. The beach is well-organized with sunbeds and umbrellas available for rent. Surrounded by stunning coastal scenery and backed by olive groves, Ritsa Beach provides a serene and picturesque setting for relaxation.

**Foneas Beach:** Foneas Beach is a hidden gem located a short distance from Kardamyli. This secluded pebble beach is known for its pristine waters and dramatic backdrop of towering cliffs. The crystal-clear sea is perfect for swimming, and the beach's natural beauty makes it an excellent spot for sunbathing or enjoying a picnic. Foneas Beach offers a tranquil escape from the crowds and a chance to immerse yourself in the rugged coastal landscape.

**Kalogria Beach:** Kalogria Beach is a popular and lively sandy beach situated a few kilometers south of Kardamyli. With its golden sand and shallow, calm waters, it is well-suited for families with children. The beach offers a range of amenities, including sunbeds, umbrellas, beach bars, and tavernas. Kalogria Beach is also famous for its connection to the renowned Greek writer Nikos Kazantzakis, who spent time in the area and found inspiration for his work.

**Stoupa Beach:** Stoupa Beach is another nearby beach that's worth a visit. Located a short drive from Kardamyli, it features a long sandy shoreline and crystal-clear waters. The beach offers a vibrant atmosphere with a variety of beachfront cafes, tavernas, and water sports facilities. Stoupa Beach is a popular destination for sunbathing, swimming, and engaging in activities such as paddleboarding and windsurfing.

**Delfinia Beach:** Delfinia Beach is a picturesque pebble beach located south of Kardamyli. Nestled in a scenic bay, this beach offers a tranquil setting with crystal-clear waters that are perfect for swimming and snorkeling. The natural surroundings, including olive trees and rugged cliffs, add to the beach's charm. Delfinia Beach is known for its peaceful atmosphere and is a great choice for those seeking a more secluded and serene beach experience.



## 04 Activities



**Scuba Diving:** Kardamyli is a great destination for scuba diving enthusiasts. The crystal-clear waters of the Messinian Sea provide excellent visibility and an abundance of marine life. There are diving centers in the area that offer guided dives for both beginners and experienced divers. Explore fascinating underwater landscapes, swim alongside colorful fish, and discover hidden caves and reefs. Whether you're a certified diver or looking to try it for the first time, scuba diving in Kardamyli is an unforgettable experience.



**Sea Kayaking:** Sea kayaking is a popular activity in Kardamyli, allowing visitors to explore the stunning coastline and secluded coves. Rent a kayak or join a guided tour to paddle along the azure waters of the Messinian Sea. Glide past dramatic cliffs, enjoy the tranquility of the sea, and stop at hidden beaches inaccessible by land. Sea kayaking is a fantastic way to appreciate the natural beauty of Kardamyli and its surrounding areas from a unique perspective.



**Tennis:** For those who enjoy sports, Kardamyli offers tennis facilities where you can enjoy a game or two. Play a friendly match with friends or family, or even participate in organized tournaments if available. The scenic surroundings and pleasant weather make tennis in Kardamyli a delightful outdoor activity.

# 04

## Activities

**Boat Trip:** Exploring the coast by boat is a must-do activity in Kardamyli. Whether it's a small fishing boat or a larger vessel, a boat trip allows you to discover hidden beaches, secluded coves, and scenic spots along the coastline. Take in the breathtaking views, swim in crystal-clear waters, and relax under the Mediterranean sun. The attached file will provide you with specific details and options for boat trips in the area.

**Hiking tours at Taygetos & Gorge of Viros:** Nature lovers and outdoor enthusiasts will find ample opportunities for hiking in Kardamyli. The nearby Taygetos mountain range offers numerous trails with varying difficulty levels, allowing hikers to explore its rugged beauty. Additionally, the Gorge of Viros, located close to Kardamyli, provides a stunning hiking experience with its dramatic cliffs, lush vegetation, and a river flowing through it. Join a guided hiking tour to learn about the local flora, fauna, and geology while immersing yourself in the natural wonders of the region.





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If you would like to book any of the experiences mentioned,  
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