



ARIÁ ESTATE  
SUITES & SPA



COLLECTION OF EXPERIENCES



At the southernmost tip of Greece, and that of continental Europe, Mani peninsula, part of the Laconia district of Peloponnese, proudly stands along the centuries. This authentic part of Greece with a long history and proud inhabitants that is loved when discovered, creates faithful visitors and friends who cherish the fact that here, you can reunite with history, with nature and your inner self.

Mani area offers impressive natural settings and hidden treasures to discover. Walking through the narrow cobble streets of the villages, passing old stone towers, towns and villages blending with the environment.

The peninsula belongs to Natura 2000 protected network as well as to Corine biotope program. Its geological wealth that varies from pine forests to rocky soil thin vegetation of low brushwood and olive cultivations, creates an environment rich in biodiversity.

# 01

## Sites of Interest

**Diros Caves:** The most beautiful cave of Europe located on the west coast of the Laconian Peninsula, in Diros Bay.

**The island of Marathonisi or Kranai:** Connected to Gythio town by a narrow pier, this small lush green islet was, according to the Greek Mythology, the place where Paris & Helen found their refuge after escaping from King Menelaos in Sparta. In Kranai one can visit the famous Tzanetaki Tower, which nowadays is hosting the Historical & Ethnological Museum of Mani, St. Peter's church and an imposing light house.

**The Ancient Theater of Gythion:** Constructed during the Roman empire, excavated in 1891. Located in the north suburbs of Gythion town.

**Cape Tenaron:** The southern edge of Continental Europe! According to Greek Mythology, Tenaron Cape was the gate to "Ades", the underworld. One can see ruins from the Temple of Posidon and the "Soul Path" that was leading dead to the entrance of "Ades". A hike of approximately 40 minutes will take you to the imposing lighthouse and the edge of the peninsula. (Approximately 1 hour drive from our hotel.)

**The Vyzantine Museum of Areopolis, hosted in Pikoulakis Tower:** Hosting exhibits from the Vyzante era and the times Christianity was established in the area.

**Vatheia village:** An old, picturesque town, known for its tower-houses built on a hill dominating the surrounding countryside. Strolling around Vatheia's narrow paths, feels like you are transferred to another era. Abandoned houses, towers and chapels in the surrounding area and scenic views





# 02

## Towns & Villages

- Limeni: 2.8km
- Areopolis Town: 4km
- Gerolimenas: 27km
- Gytheion: 34km
- Kardamyli: 36km
- Sparta: 59km
- Kalamata: 88km

# 03

## Beaches

**Limeni Bay:** A scenic bay, with crystal-clear waters. You can dive from the rocky platforms or relax on the sunbeds of the local restaurants/cafes. (3 minutes' drive from Aria' Estate Suites & Spa)

**Neo Oitilo:** Wonderful, pebbled beach. Organized, lively atmosphere, nice cafes & restaurants in the area. (6-7 minutes' drive from our hotel)

**Mavrovouni:** Long beautiful beach, combining sand & gravel, semi organized (on the way to Gythion, approximately 30 minutes' drive from our hotel)

**Skoutari:** Beautiful sandy beach, semi organized. (On the way to Gythion, approximately 25 minutes drive from our hotel)

**Marmari:** Beautiful sandy beach, scenic location. Fully organized, sunbeds' reservation in advance is recommended. (Approximately 45 minutes' drive from our hotel).

**Porto Kayo:** Beautiful beach, combining sand & gravel, (approximately 45 minutes' drive from our hotel)

**Mezapos:** Small picturesque, secluded bay, with a small cave. Located next to the small fishing village of Mezapos, overlooking Tigani Castle. (Approximately 30 minutes' drive from our hotel)

**Alipa:** Small beautiful, secluded bay, green waters (approximately 30 minutes' drive from our hotel)

**Kotronas:** Sandy beach, semi-organized. In the village of Kotronas you can find taverns and a few cafés.



# 04

## Activities

The land of Mani offers a diverse range of activities through which you can explore the unspoiled nature and breathtaking landscape.

### Recommended Hiking Routes

- Cape Tenaron
- Oitilo & Kelefa Castle
- Cape Tigani & Agitrias Church
- Vachos & Sagia Pick

### Churches

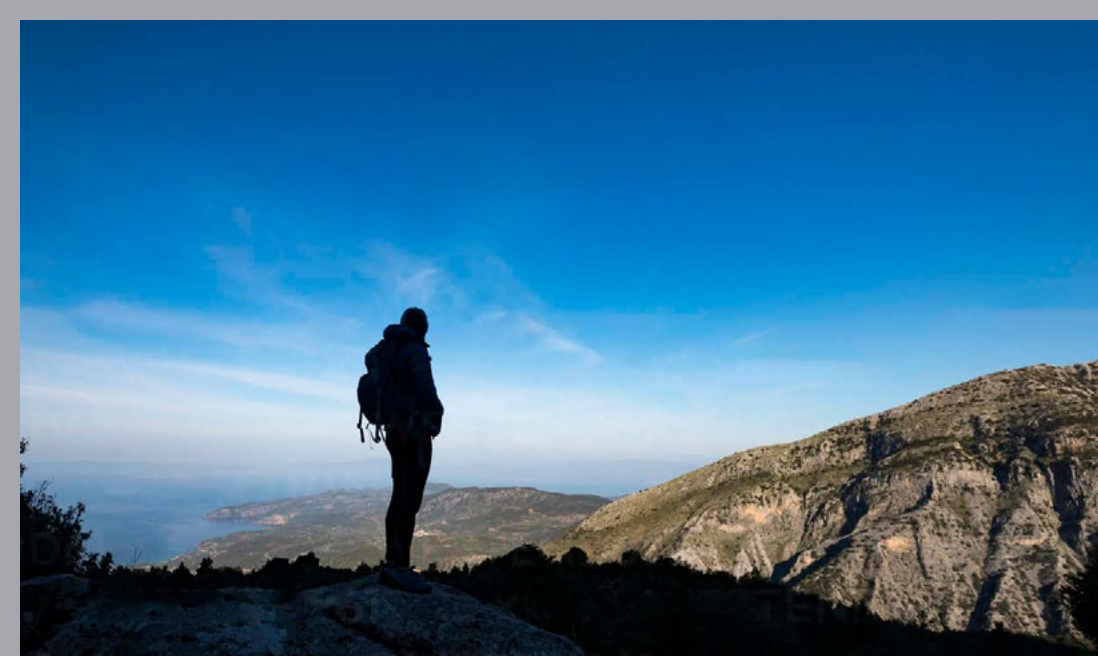
Hundreds of churches are scattered in Mani, blending harmonically with the natural setting. You may admire the Vyzantine architecture with rich paintings and sculpture decorations.

- Taxiarches - Areopoli,
- Dekoulon Monastery - Oitilo & Panagia Spiliotissa - Oitilo
- Panagia Agitria, Cape Tigani
- Faneromeni Monastery - Drialos
- Saint Nicolaos - Platsa

### Castles

Explore the Frankish Castles of the region. A remarkable experience for the more adventurous:

- Mystras
- Geraki
- Kelefa
- Kardamyli



# 04

## Activities

### Cruises

Explore the beauty of the Maniot Landscape by the sea, with a Speed Boat or a Luxury yacht on a half or full day cruise:

- Messinean Gulf: Limeni - Katafiki Cave - Delfinia - Kalogria - Stoupa - Foneas - Kalamitsi - Kardamyli
- Limeni - Kardamyli - Kitries
- Diros - Mezapos - Tigani - Gerolimenas

### Wine/Oil Tasting

Experience the authentic flavors and aromas of the Maniot Land, through the tasting experience of virgin olive oil & wine from local experts, accompanied by local delicacies from our chef.

### Patrick Leigh Fermor House

One of the activities that we are proud to offer is a **guide** to the **Patrick Leigh Fermor House**. This historic house is situated at the beautiful Kardamyli and is a must-see for any history or literature enthusiast. Our knowledgeable guide will take you on a tour of the house, providing insight into the life and work of the famous writer, Patrick Leigh Fermor.

The tour will take you through the house, where you can view original furnishings, artwork, and personal belongings of Patrick Leigh Fermor. You will learn about his fascinating life, from his time as a soldier in World War II to his career as a travel writer.

We are delighted to offer this activity to our guests, and we highly recommend it as an enriching and educational experience. Please note that the availability of the guide to the Patrick Leigh Fermor House is limited, so we advise you to book in advance to avoid disappointment.





# 05

## Horizon Restaurant

by

1890

Whether you're looking for a romantic dinner for two or a family gathering, the **Horizon Restaurant** provides the perfect setting for any occasion. The relaxed atmosphere and stunning views create a serene and tranquil ambiance, perfect for unwinding and enjoying good company.

Our menu features a selection of locally sourced ingredients, expertly crafted by our talented chefs to create a culinary experience that is both delicious and unforgettable. From fresh seafood to succulent meats, our dishes are designed to tantalize your taste buds and leave you feeling satisfied and fulfilled.

Our attentive staff are dedicated to ensuring that your dining experience is nothing short of exceptional. From recommending the perfect wine to pairing the ideal dessert with your meal, our team is here to ensure that every aspect of your dining experience is perfect.



# 06

## The Spa by



Enthymesis

A relaxation journey to reconnect with your senses and inner balance! Lean back at the Spa patio gazing at the infinite blue of the Mediterranean. Emerge into one of our signature treatments in the massage area. An oasis of relaxation awaits you in **The Spa at Ariá Estate!** Below you may find only a few of our treatments.

### **Facial Treatment**

- Rejuvance facial treatment GUA SHA

### **Body Massages**

- Back and neck
- Shiatsu
- Reflexology
- Lymphatic
- Aromatherapy

### **Body Treatment**

- Body exfoliation treatment



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If you would like to book any of the experiences mentioned,  
please contact our Front Office Team.

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